



# Knowledge Is Power

AmeriHealth Caritas New Hampshire provides a number of services to help you get care and stay well. Read the information below to learn more about how we can support your health needs. Be sure to have your Member ID ready when you call.

If you lose your Member ID card and need a new one, call Member Services at **1-833-704-1177 (TTY 1-855-534-6730)**, 24 hours a day, seven days a week, or log on to the member portal on our website, **[www.amerihealthcaritasnh.com](http://www.amerihealthcaritasnh.com)**.



## Language assistance

We provide no-cost language service during your doctor visit and when you make your appointment. You can also receive written materials in your preferred language at no cost to you. Call Member Services at **1-833-704-1177 (TTY 1-855-534-6730)** any time, day or night, to get help for your language needs.



## Transportation

You can receive transportation to medical services at no cost to you. Visit **[www.amerihealthcaritasnh.com/transportation](http://www.amerihealthcaritasnh.com/transportation)** or call Member Services at **1-833-704-1177 (TTY 1-855-534-6730)** from 7 a.m. to 7 p.m. to learn more. If you have an emergency, call **911**.



## Help with housing, food, and utilities

If you need help to find housing or with food or utility bills for you or your family, call Member Services at **1-833-704-1177 (TTY 1-855-534-6730)**, 24 hours a day, seven days a week.



## Bright Start®

We are here to answer questions about your pregnancy and help you find the resources and services you may need. If you are pregnant and need help scheduling your doctor visit, getting healthy food, or arranging transportation, call Bright Start at **1-833-212-2264**, Monday through Friday, 8 a.m. to 5 p.m.



### **Nurse Call Line**

The Nurse Call Line is available 24 hours, seven days a week. You can call the Nurse Call Line when you or a family member is sick, hurt, or in need of medical information. Our specially trained nurses can answer your questions when you cannot get to your doctor. You can reach the Nurse Call Line at **1-855-216-6065**.

Learn more at [www.amerihealthcaritasnh.com](http://www.amerihealthcaritasnh.com) or by calling Member Services 24 hours a day, seven days a week, at **1-833-704-1177 (TTY 1-855-534-6730)**.

AmeriHealth Caritas New Hampshire complies with applicable federal civil rights laws and does not discriminate, exclude people, or treat them differently on the basis of age, race, ethnicity, national origin or ancestry, mental or physical disability, sexual or affection orientation or preference, gender identity, marital status, genetic information, source of payment, sex, creed, religion, health or mental health status or history, need for health care services, amount payable to AmeriHealth Caritas New Hampshire on the basis of an eligible person's or member's actuarial class or pre-existing medical/health conditions, whether or not the member has executed an advance directive, or any other status protected by federal or state law.

Attention: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-833-704-1177 (TTY 1-855-534-6730)**.

Atención: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-833-704-1177 (TTY 1-855-534-6730)**.

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For the full nondiscrimination notice, go to [www.amerihealthcaritasnh.com](http://www.amerihealthcaritasnh.com).