

# CLINICAL PRACTICE GUIDELINES

AmeriHealth Caritas New Hampshire has adopted clinical practice guidelines for use in guiding the treatment of plan members, with the goal of reducing unnecessary variations in care. The following clinical practice guidelines represent current professional standards, supported by scientific evidence and research. These guidelines are intended to inform, not replace, a physician's clinical judgment. The physician remains responsible for determining applicable treatment for each individual.

∞ **Click the links to search the guideline topics.**

## Asthma

- ∞ [NHLBI Guidelines for the Diagnosis and Management of Asthma 2007 \(EPR-3\) and 2020 update](#)

## Attention Deficit/Hyperactivity Disorder

- ∞ [American Academy of Pediatrics Diagnosis, Evaluation, and Treatment of Attention-Deficit Hyperactivity Disorder in Children and Adolescents \(2019\)](#)

## Caring for Adult Patients with Suicide Risk

- ∞ [Suicide Prevention Resource Center](#)

## Depression - Adults

- ∞ American Psychiatric Association Treatment of Patients with Major Depressive Disorder (2010): [https://psychiatryonline.org/pb/assets/raw/sitewide/practice\\_guidelines/guidelines/mdd.pdf](https://psychiatryonline.org/pb/assets/raw/sitewide/practice_guidelines/guidelines/mdd.pdf)
- ∞ American College of Physicians Nonpharmacologic Versus Pharmacologic Treatment of Adult Patients with Major Depressive Disorder (2016). <http://annals.org/aim/fullarticle/2490527/nonpharmacologic-versus-pharmacologic-treatment-adult-patients-major-depressive-disorder-clinical>

## Diabetes

- ∞ [American Diabetes Association \(2023\)](#)

## General Anxiety Disorder

- ∞ [National Institute for Health and Care Excellence](#)

## Hypertension- Adults

- ∞ American College of Cardiology Guideline for the Prevention, Detection, Evaluation, and Management of High Blood Pressure in Adults (2017): [http://www.onlinejacc.org/content/71/19/e127?\\_ga=2.176976865.553150704.1550539575-1607157456.1550539575](http://www.onlinejacc.org/content/71/19/e127?_ga=2.176976865.553150704.1550539575-1607157456.1550539575)
- ∞ American Academy of Family Physicians does not endorse ACC (2017) guideline. They endorse the 8<sup>th</sup> Joint National Committee guidelines for hypertension management in adults (2014, reaffirmed 2019): <https://www.aafp.org/pubs/afp/issues/2014/1001/p503.html>

## Opioid Addiction

- ∞ [American Society of Addiction Medicine](#)

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## Opioid Prescribing

- ∞ American Society of Addiction Medicine Use of Medications in the Treatment of Addiction Involving Opioids (2020): [https://sitefinitystorage.blob.core.windows.net/sitefinity-production-blobs/docs/default-source/guidelines/npg-jam-supplement.pdf?sfvrsn=a00a52c2\\_2](https://sitefinitystorage.blob.core.windows.net/sitefinity-production-blobs/docs/default-source/guidelines/npg-jam-supplement.pdf?sfvrsn=a00a52c2_2)
- ∞ CDC Guideline for Prescribing Opioids for Chronic Pain (2022): [https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s\\_cid=rr7103a1\\_w](https://www.cdc.gov/mmwr/volumes/71/rr/rr7103a1.htm?s_cid=rr7103a1_w)

## Overweight and Obesity- Children and Adults

- ∞ [American Association of Clinical Endocrinologists Comprehensive Medical Care of Patients with Obesity \(2016\)](#)

## Pregnancy Prenatal and Postnatal Care

- ∞ [American College of Obstetricians and Gynecologists \(ACOG\)](#)

## Preventive Pediatric Health Care - Bright Futures Periodicity Schedule

- ∞ [American Academy of Pediatrics](#)

## U.S. Preventive Services Task Force (USPSTF) Grade A and B Recommendations

- ∞ [U.S. Preventive Services Task Force Grade A and B Recommendations](#)

## Schizophrenia

- ∞ [American Psychiatric Association](#)

## Substance Use

- ∞ [Substance Abuse and Mental Health Services Administration Detoxification and Substance Abuse Treatment \(2015\) \(SAMHSA.gov\)](#)

## Tobacco Control

- ∞ American Thoracic Society [Initiating Pharmacologic Treatment in Tobacco-Dependent Adults: An Official ATS Clinical Practice Guideline](#) (2020): <https://www.atsjournals.org/doi/full/10.1164/rccm.202005-1982ST>
- ∞ [USPSTF Tobacco Use in Children and Adolescents: Primary Care Interventions \(2020\)](#)

## Transgender Health

- ∞ [World Professional Association for Transgender Health \(WPATH\)](#)
- ∞ [International Journal of Transgender Health](#)